



unleashing people potential

BREAKTHROUGH COACHING

SUPPORT YOUR CLIENTS THROUGH
LIFE-CHANGING BREAKTHROUGHS

WITH PIP LEAVER AND JOOLS MONTAGUE



Help your clients achieve their full potential by adding these powerful tools to your coaching toolkit.



READY TO TAKE YOUR COACHING TO A WHOLE NEW LEVEL?

Having qualified as an NLP Master Practitioner you already know how incredibly powerful NLP can be in facilitating change for your clients. Adding Breakthrough Coaching to your portfolio will allow you to take your facilitation to a whole new level.

The Breakthrough Coaching Program is designed to give you the tools, structure, and experience to deliver life-changing breakthrough sessions for your clients.

Once you have completed this training you can charge, with confidence, between £800 - £3000 for this life-changing session.

Over the course of 4 days we will dive deep into what it really takes to facilitate a powerful breakthrough session for your clients. We'll look at the following:



What information you need to gather from your client beforehand.



What evidence and patterns you are looking for.



How you can integrate all of this information into the structure of your breakthrough session to ensure deep and lasting change.

Breakthrough sessions can lead to incredible results whether you are coaching clients through personal or professional transformation.

HOW THE COURSE IS STRUCTURED

Day 1

On Day 1 we will look at when it would be appropriate to **suggest a breakthrough session** for a client and how you can **brief them properly** to ensure a powerful session and outcomes.



BREAKTHROUGH COACHING IS SUITABLE FOR THE FOLLOWING:

- To make a quantum leap in performance.
- To realise true potential, personally, professionally, in sports and financially.
- To improve mental toughness.
- To finally remove that nagging issue that is holding you back.
- Letting go of beliefs and unresourceful habits.
- Relationship issues.
- Communication problems.
- Lack of self-esteem.
- Over-reliance on 'props' to manage your life.



HOW TO BRIEF YOUR CLIENT & PREPARE FOR A POWERFUL SESSION

- Pre-session questionnaire.
- Agreeing the contract and boundaries for the session.
- Understanding the concept of 'cause' and 'effect'.
- A 'lifelines' exercise to elicit patterns of behaviour and important values.
- Releasing negative emotions and unresourceful habits.
- Life history - why and how.
- Resources required.

Days 2 & 3

On days 2 & 3 we will run a training breakthrough session where you will have the opportunity to be both coach and client utilising all the powerful linguistics tools that NLP has to offer.

This will include 5-6 hours of 1-2-1 life-changing exploration, reframing and coaching on a topic of your choice.

Day 4

On Day 4 we will review the breakthrough session and revisit all elements of the pre-frame, the session itself and the next steps.

Finally, we will look at how to use the information gained from both a client and coach perspective and examine what changes have been observed and experienced during the session.

Cost: Please see website for up-to-date cost.*
Contact us **NOW** to book your course

* We accept payment by credit card or Paypal and we are happy to talk to you should you wish to split the payments.



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